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COLONOSCOPY PREP INSTRUCTIONS

SuPrep

You have been scheduled for a colonoscopy with Dr Dixon on _____ at Newberry County Memorial Hospital (NCMH).

The day before your colonoscopy follow a clear liquid diet (NO SOLID FOODS). Please avoid red colored liquids as well.

THE PREP

START the Prep between **4-5 PM**.

1. Mix the first 6 oz of prep with 10 oz of water in the enclosed container.
2. Drink the resulting 16oz of solution (Prep mixed with water)
3. Drink an additional 32 ounces of water over the next 1 ½ hours.

Around **8-9 PM**

1. Mix the second 6 oz of prep with 10 oz of water in the enclosed container.
2. Drink the resulting 16oz of solution (Prep mixed with water)
3. Again drink an additional 32 ounces of water over the following 1 ½ hours

Do Not Drink anything After Midnight (unless instructed to take your medications with a sip of water)