

# COLONOSCOPY INSTRUCTIONS

Dr William "Chip" Dixon, III, MD, FAAFP  
Lovelace Family Medicine  
803-364-4852

## The Week Before your Procedure

- Thursday or Friday prior to your procedure, Call Newberry Hospital's Outpatient Surgery Unit, between 1PM and 3PM, at 803-405-7353. (They will inform you of your arrival time and any other instructions you may need).
- Stop Aspirin 4 days prior to procedure
- Stop Coumadin 5 days prior to procedure
- Avoid leafy vegetables or corn for 3 days prior

## The Day Before Your Procedure

- You may have a CLEAR LIQUID Diet (i.e. water, clear juices, Jell-o, bouillon, clear sodas, tea, etc.)
- Do NOT eat any solid foods
- Avoid any red or purple liquids
- Do NOT eat or drink anything after midnight
- Start your Prep between 4PM and 5PM

## The Prep

- Please follow the instructions from our office for the prep you are taking
- (DO NOT go by the instructions in the kit – some are not ideal for morning procedures)
- 
- Please take ALL of the prep

## The Day of the Procedure

- Go to Newberry Hospital Outpatient Surgery Department (on the 1<sup>st</sup> floor) at the arrival time you were given by the hospital staff.
- Have someone who can drive you home (you will NOT be able to drive after the procedure)
- Bring your home medications to the hospital with you

IF YOU NEED TO CANCEL OR RESCHEDULE, please call Lovelace Family Medicine 803-364-4852